



POSEIDON'S AUTUMN SPLASH
Closed Invitational Meet
November 9-11, 2012
SANCTION NO. VS-13-█



SANCTION:	<ul style="list-style-type: none">• Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-13-█• USA Swimming, Inc., Virginia Swimming, Inc., Poseidon Swimming and Collegiate Schools Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
LOCATION:	Collegiate Schools Aquatic Center, 5050 Ridgedale Parkway, Richmond, VA 23234, Phone: (804) 447-2487 (Poseidon Office); (804) 271-8271 (CSAC front desk)
FACILITY:	<ul style="list-style-type: none">• The 50-meter competition pool with bulkhead offers two 25 yard competition pools with a depth of seven feet and seven inches at the sides and eight feet and two inches in the center. Competition lanes are a minimum of 9 feet wide swum wall to bulkhead.• Non-Turbulent Lane Markers in both pools. Omega Starting Blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches.• Indoor 6 lane 25 yard pool for continuous warm-up, cool-down.• The Collegiate School Aquatic Center provides 2 indoor pools and supporting amenities including hospitality, a swim shop, classroom and wireless internet. Spectator seating for 700 plus.• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4).
MEET DIRECTOR:	Name: Maria and Joe Maltby Email: mariamaltby@comcast.net Phone: 804-447-2487
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming athletes registered by the first day of the meet from the following teams: BAC, GATR, PSDN, QSTS, TAC, and WAC. Other teams may be included if room allows.• No on-deck USA Swimming athlete registration will be permitted.• Age on November 9, 2012 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• The 500 free will be offered Friday PM for all age groups. 15 & Older swimmers will swim this event fastest to slowest.• All 13 and older swimmers will swim in the morning session Saturday and Sunday.• All 12 and younger swimmers will swim in the afternoon session Saturday and Sunday.• A session will be held Saturday evening for the 1650 free. The 15 & Older swimmers will swim this event fastest slowest.• All events will be timed finals.• Depending on the number of entries for the 500 free and the 1650 free, dual courses may be run for these events.
WARM-UP:	<ul style="list-style-type: none">• Friday evening session: general warm-ups 4:00 PM, competition start 5:00 PM.• Morning sessions: Warm-ups at 7:00 AM competition starts at 8:00 AM.• Afternoon sessions: Warm-ups not before 12:30 PM; competition starts not before 1:30 PM.• Saturday evening session: General warm-ups not before 6:15 PM, competition not before 7:00 PM.• Lane assignment and warm-up times for individual clubs will be posted on the Poseidon website

	<p>no later than Tuesday, November 6, 2012 5:00 PM, and will also be emailed to the contact person of the participating clubs.</p> <ul style="list-style-type: none"> If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS THURSDAY, NOVEMBER 1, 2012.</p> <ul style="list-style-type: none"> Entries must be submitted in long course times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. Teams submit entries via email. A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. Coach Time (CT) and "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. Swimmers may enter a maximum of 3 individual events. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: Marla Shreve, entries@poseidonswimming.com Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
FEES:	<p>Individual events: \$6.50 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: Poseidon Swimming Mail payment to: Poseidon Swimming 5050 Ridgedale Parkway Richmond, VA 23234 Payment must be received by November 9, 2012 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through eighth place. Awards will be given for the following age groups: 8 & Y, 9-10, 11-12, 13-14, 15 & O.
SEEDING:	<ul style="list-style-type: none"> All individual events will be pre-seeded except event #1-8 (500 free), 29-32 (400 IM), 63-64 (400 IM) 65-66 (1650 free). Event #1-8, 29-32, 63-66, will require a positive check-in to swim. Positive check-in will close 30 minutes prior to the start of each session. Events 7-8 (15&O 500 free) and 67-68 (15&O 1650 free) will be swum fastest to slowest. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the

	swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • All swimmers participating in the meet must be dive certified. <ul style="list-style-type: none"> ○ Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. ○ Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. • The overhead start procedure may be used for the all sessions at the discretion of the Referee. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director ○ Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Bryan Wallin Email: thewallin5@comcast.net Phone: (804) 389-2438</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Bill Ross, williamross122@comcast.net, (804) 379-3370 no later than Sunday, November 4, 2012. • Officials briefing will take place 1 hour before the beginning of each session.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the Poseidon website no later than Tuesday, November 6, 2012 and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Meet programs will be sold for \$10. • Concessions will be available during the meet featuring products by Martin's, Coca-Cola, and Ukrop's Homestyle Foods. Concessions will open for warm-ups and during competition each day. It will close 1 hour prior to the estimated end time of the meet each day. • Coaches' and officials' hospitality will include a light dinner on Friday and breakfast and lunch Saturday and Sunday. Hospitality will be hosted in the weight room just off the pool deck. • Disco Sports will be the meet vendor for swim gear. • If necessary, overflow parking will be available at the Martin's behind the aquatic center.
FACILITY RULES:	<ul style="list-style-type: none"> • No person may use the pool unless the lifeguards are on duty. • 1 long whistle means everyone must clear the pool. • All patrons must shower before entering the pool. • Swimmers 10 and under must be accompanied by an adult or member 16 years or older. • All persons wishing to go in water past their chest must adhere to a swim test. Persons unable to pass a swim test must stay in water that is not over their chest. • Walk; don't run in and around the pool facility and restroom areas. • Diving is permitted only in the deep end. Please note signs around pool edges. • Pushing, horseplay, or any conduct that may endanger the welfare of yourself or other patrons is prohibited. • Children under 5 years of age or non-swimmers must be supervised by a responsible person who is in the water and within arms' reach of the child. • Only Coast Guard approved flotation devices will be permitted.

	<ul style="list-style-type: none"> • Pool equipment (kicks boards, pull-buoys, swim fins, aqua belts, pool toys, etc.) will be allowed at the discretion of the lifeguard. • Proper swimming attire must be worn. No cut-off jeans or gym clothes. T-Shirts are discouraged and will be allowed only at the manager's discretion. Patrons with religious concerns regarding modesty may wear clean, covering garments that do not interfere with their safety in the water. • Infants/children not toilet-trained must wear swim diapers or rubber/ plastic pants under swimsuits. Cloth and disposable diapers are not acceptable. • Spitting, blowing of nose into the pool or onto deck, improper public displays of affection, and profanity are prohibited. • Food of any kind, including gum and candy is prohibited in the pool area. Drinks must be in a non-breakable plastic bottle with cap. Glass containers are prohibited on the pool deck. • Hanging on lane lines, safety ropes, or diving blocks is prohibited. • Persons with open sores, skin infections or wearing bandages are not permitted in the pool. • Proper swim etiquette must be followed in the lap pool. • The Greater Richmond Aquatics Partnership assumes no liability for the loss or theft of member's personal belongings. Items left in pool area at the end of the day will be placed in the pool's lost and found. • The pool manager or lifeguard may close any portions of or the entire pool complex for any safety or maintenance reason. • The pool manager or lifeguard on duty has the authority to enforce these rules and may remove any patron who violates these rules from the Greater Richmond Aquatics Partnership
DIRECTIONS:	Go to www.poseidonswimming for directions.
HOTELS:	Go to Outer Zone, www.outerzonesports.com for hotel information.

**2012 Autumn Splash, November 9-11, 2012
ORDER OF EVENTS**

Friday, November 9, 2012

Evening Distance Session

Warm-up: 4:00 PM; Start 5:00 PM

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	10&U 500 free **	2
3	11-12 500 free **	4
5	13-14 500 free **	6
7	15&O 500 free ** +	8

Saturday, November 10, 2012

Sunday, November 11, 2012

Morning Session		
Warm-up: 7:00 AM; Start: 8:00 AM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
9	13-14 200 fly	10
11	15&O 200 fly	12
13	13-14 50 free	14
15	15&O 50 free	16
17	13-14 100 breast	18
19	15&O 100 breast	20
21	13-14 200 back	22
23	15&O 200 back	24
25	13-14 100 free	26
27	15&O 100 free	28
29	13 -14 400 IM **	30
31	15&O 400 IM **	32

Morning Session		
Warm-up: 7:00 AM; Start: 8:00 AM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
69	13-14 200 free	70
71	15 & O 200 free	71
72	13-14 200 breast	73
75	15 & O 200 breast	75
77	13-14 100 back	77
79	15 & O 100 back	80
81	13-14 100 fly	82
83	15 & O 100 fly	84
85	13-14 200 IM	86
87	15 & O 200 IM	88

Afternoon Session		
Warm-up: 12:30 PM; Start: 1:30 PM		
<i>(Times are approximate)</i>		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
33	10&U 200 free	34
35	11-12 200 free	36
37	10&U 100 IM	38
39	11-12 100 IM	40
41	8&U 25 free	42
43	10&U 50 free	44
45	11-12 50 free	46
47	10&U 100 back	48
49	11-12 100 back	50
51	8&U 25 breast	52
53	10&U 50 breast	54
55	11-12 50 breast	56
57	11-12 200 breast	58
59	10&U 100 fly	60
61	11-12 100 fly	62
63	11-12 400 IM **	64

Afternoon Session		
Warm-up: 12:30 PM; Start: 1:30 PM		
<i>(Times are approximate)</i>		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
89	10&U 200 IM	90
91	11-12 200 IM	92
93	10&U 100 free	94
95	11-12 100 free	96
97	10&U 100 breast	98
99	11-12 100 breast	100
101	8&U 25 back	102
103	10&U 50 back	104
105	11-12 200 back	106
107	11-12 50 back	108
109	8&U 25 fly	110
111	10&U 50 fly	112
113	11-12 50 fly	114
115	11-12 200 fly	116

Evening Session		
General Warm-up: 6:15 PM; Start 7:00 PM		
<i>Times are approximate</i>		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
65	11-14 1650 free**	66
67	15&O 1650 free** +	68

**** Indicates positive check-in events**
+Indicates events swum fastest to slowest

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